

THE WORLD'S FIRST **PORTABLE, INSTANT, AND COST-EFFECTIVE** HYDRATION TESTING SYSTEM



THE MISSING LINK IN YOUR HYDRATION PROGRAM

The MX3 Hydration Testing System allows you to regularly and easily measure employee hydration status through a small saliva sample and develop precise hydration strategies to avoid heat-related illness and optimize production safely. The MX3 LAB Pro provides lab-quality results in a portable handheld device that can go anywhere and be used anytime.

When paired with the free MX3 mobile app you get real-time test guidance and can track historical hydration data with both the Mobile App and the Web Portal, allowing you to track historical data for **unlimited employees and locations** with **NO SUBSCRIPTIONS OR FEES**.



GET SOLID NUMBERS ON HYDRATION

- Allows Instant, portable, and unintrusive hydration testing on-site
- Easy to use on its own or with the free Mobile App
- Logs data that can be instantly transferred to the Mobile App and Web Portal for analysis
- Gives quantifiable data for unlimited employees and locations with no fees or subscriptions
- Allows you to focus your hydration programs on employees and locations that need it most



**SCAN
HERE
TO LEARN
MORE OR
ORDER**

HOW IT WORKS

**TAKE SALIVA SAMPLE
WITH DISPOSABLE
TEST STRIP**



**VIEW ON MX3 DEVICE
AND FREE MOBILE APP**



**ANALYZE RESULTS ACROSS
UNLIMITED EMPLOYEES AND
LOCATIONS ON THE WEB PORTAL**



[OFFERS.GOSAFE.COM/MX3](https://offers.gosafe.com/MX3)



78%

of associates suffering from heat illness were dehydrated – **despite having drinking water available***

>75%

of workers show up **moderately dehydrated or worse**

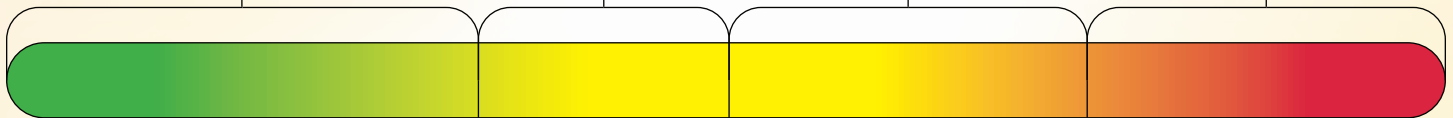
CONCLUSION: HAVING DRINKING WATER AVAILABLE DOESN'T MEAN WORKERS WILL DRINK

≤65 mOsm
HYDRATED

66-100 mOsm
MILDLY DEHYDRATED

101-150 mOsm
MODERATELY DEHYDRATED

≥151 mOsm
SEVERELY DEHYDRATED



HYDRATION IS KEY TO PREVENTING INJURY AND ILLNESS



DEHYDRATION

Reduced physical performance • impaired cognition.



HEAT RASH (PRICKLY HEAT)

Red cluster of pimples or small blisters, usually on neck, upper chest, groin, under breasts and in elbow creases.



HEAT SYNCOPES (FAINTING)

Fainting, dizziness, or light-headedness, after prolonged standing or suddenly rising from a sitting or lying position.



HEAT CRAMPS

Muscle cramps, pain, or spasms in the abdomen, arms or legs.



HEAT EXHAUSTION

Headache, nausea, dizziness, weakness, irritability, thirst, heavy sweating, elevated body temperature, decreased urine output.



HEAT STROKE

Altered conscious state, confusion, altered mental status, slurred speech; hot, dry skin or profuse sweating; seizures, very high body temperature, fatal if treatment is delayed.



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*According to the State of California